

Cleves School

Sports Newsletter 2018/19

We have had another amazing sporting year at Cleves. This year we have worked even harder to provide as many sporting opportunities as possible for all our pupils, as well as those who show a particular interest or talent.

Two years ago we were awarded the Platinum School Games Mark, which recognised our commitment to provide outstanding provision for sport for all our pupils. We have recently resubmitted our application for this award and we should hear at some point over the summer if we have been successful. Fingers crossed! In 2018, we were one of only four schools in Surrey to receive the Platinum award, and one of only 110 in the country.

SCHOOL GAMES PLATINUM 2017/18

At Cleves, the number of pupils involved in sport this year has increased significantly. For example:

- 625 pupils have represented the school in a sporting competition or festival at least once. 304 pupils did this last year.
- 308 pupils have represented the school more than once.
- 604 pupils regularly attend an extra curricular sports club at Cleves.

This is fantastic, and we congratulate all our pupils for displaying such positive attitudes towards sport and physical activity. This year we have closely tracked who has taken part in competitions and which pupils attend clubs. This has allowed us to target individuals and ensure as many as possible get an opportunity. However it is not just about representing the school - the opportunities we have provided all our pupils have been enhanced further this year.

- Lunchtime football clubs for all pupils who want to play, not just those who are in the school teams. In the upper school, this led to games against other schools.
- Opportunity for Years 4 6 to attend at least one mountain bike session, using the track and bikes kindly funded by the PTA.
- Targeted lunchtime clubs in fitness, basketball and multisports.
 These are funded by the school and have significantly increased participation levels. Furthermore, there has been an even greater commitment from Cleves staff running lunchtime clubs.
- Trampolining club continues to be popular and is something very few other junior schools would be able to offer
- Yoga offered to all pupils as part of the curriculum.
- The introduction of Active 30:30 providing all pupils with 2½ hours of PE and sport as part of the curriculum. More on this below.
- Running club is more popular than ever. A record number of children completed a marathon distance this year.
- The introduction of a summer holiday club in athletics this year.
- Opportunities for leadership with pupils leading the warm up or other part of the lesson under the guidance of the class teacher.

ACTIVE 30:30

Hopefully your child has spoken to you about the Active 30:30 sessions in which they participate at school. This scheme was introduced last September and adds an additional 30 minutes to the PE/Games curriculum every week - meaning a total of 2 ½ hours every week. These sessions are focused on being physically active as well as personal challenge. The children do not change into their PE kit but instead remove ties and put on trainers. Each session starts with some fun games and then progresses onto the individual challenge. Every half term, each year group has a different personal challenge based around the disciplines of running, throwing, jumping and balance. On the first week each pupil sets a benchmark score and then works hard to improve their score over the next few weeks. The feedback from pupils has been fantastic and we are looking to develop this further next year. Recently, we were asked by Active Surrey to go and share this work at their Best Practice Forum at which, along with two pupils, we presented and shared our work to headteachers and PE leads from across Surrey.

COMPETITIONS

This year we have entered more teams into more competitions than ever before. Links with Walton Oak, Grovelands and Burhill have enabled this to happen. This has included sports such as tag rugby, hockey, dodgeball and sportshall athletics. Every pupil in Year 3 and the majority in Year 4 have taken part in Mini Olympics competitions held at Cleves; these have been very successful and have been led by our Year 5/6 Sports Crew.



At the beginning of the academic year Active Surrey put forward a structure for their competitions which we have adopted. Each competition is labelled either inspire, aspire or higher. These have the following meanings:

- Inspire those who are reluctant to be involved or are new to the sport
- Aspire those who show interest, or some ability, in that particular sport or activity
- Higher those more able pupils who display a talent or flair for a particular sport.

This has allowed us to target appropriate pupil groups for competitions and ensured that more children have been involved this year.

The range of sports has also increased, with competitions and festivals in archery, fencing, ultimate frisbee, gymnastics and biathlon to name a few. Next year we hope to introduce competitions/festivals in pop lacrosse and handball, to name just two.

The success of our school teams has again been unprecedented this year. Here are just a few highlights:

- Year 5/6 Sportshall Athletics District, County and Regional Champions. The regional final saw Cleves crowned the top school across Surrey, Sussex and Kent.
- 1st and 2nd in District Sports. This year we entered two teams which resulted in 103 pupils taking part.
- Year 5 boys, Year 6 boys, Year 5/6 girls were all football league champions. Year 6 boys and Year 5/6 Girls were both Surrey County cup runners up.



- Year 6 netball team were league winners. They also entered a national competition for the first time. Year 5 netball team were league runners up.
- Year 5/6 cricket league runners up.
- Our more able runners from years 3-6 took part in a Border League cross country competition this
 year on a Sunday morning. This saw athletic clubs from across Surrey, Hampshire and Berkshire

enter with Cleves being only one of only two schools taking part. We were overall winners in the under 9s boys and girls and 3rd and 5th overall in the under 11s. There are plans in place to enter more pupils into this next year.

- District Cross Country champions in many year groups
- Entered Surrey Athletics Network Quad Kids competition and finished 3rd overall. All other teams were established athletic clubs
- Mermaid Cup (INTOTRI) runners up





WHAT NEXT?

We want to continue to do more and offer more in a sporting sense for all our pupils. One of the major problems we have is finding like-minded schools who also want, for example, to have football fixtures in Year 3 and do as much as we do. In recent weeks, we have been liaising with the local schools in Walton, Weybridge and Hersham to try and find ways to work together to be able to offer more. This includes sharing expertise but also organising more competitions and festivals in the future. Watch this space!

Other areas include:

- We are currently reviewing the PE and Games curriculum, in particular in Years 3 and 4 where we aim to make it less sport-specific and more around the fundamental skills of agility, balance, coordination, healthy competition and cooperative learning. This has been trialled in Year 3 this year and has been well received.
- Continued focus on well-being and the positive impact of physical activity on this and academic achievement
- We recognise the demand for and interest in athletics and are working hard to address this need and further develop our provision next year.
- Through securing a grant from the Football Foundation and funding from the FA, we have purchased 10 portable floodlights allowing us to use the field more during the winter months.

If there is something you feel we can improve on please do not hesitate to let us know. We are lucky to have fantastic facilities and significant staff expertise but we continue to want to do and offer more. Please email Mr Smith - csmith@cleves.co.uk

We would like to thank the many parents who have supported us this year, either by helping with transport, attending trips or events or offering assistance at clubs. It is much appreciated and we couldn't offer such high provision if it wasn't for you. Thank you also to our kit sponsors for this year - Jackson Stops, Click 2 Check and Kathryn Scott Fitness - we are hugely grateful for your support. Finally, make sure you check out our new Twitter handle dedicated specifically to sport at Cleves - @ClevesSport

Have a great summer and congratulations to all our pupils, who have been fantastic this year!

Mr Smith and the PE Team