## ASIA

#### MONDAY

ROAST CHAR SIU CHICKEN

SWEET & SOUR VEGETABLES

BOILED RICE

SPRING ROLLS

PAN FRIED CABBAGE



## ASIAN

#### TUESDAY

ROAST CHAR SIU CHICKEN

SWEET & SOUR VEGETABLES

BOILED RICE

SPRING ROLLS

PAN FRIED CABBAGE



## ASIAN

#### THURSDAY

KATSU CHICKEN CURRY

PANEER KATSU CURRY

BOILED RICE

SPRING ROLL



## ASIAN

#### FRIDAY

KATSU CHICKEN CURRY

PANEER KATSU CURRY

BOILED RICE

SPRING ROLL



#### MONDAY

JERK CHICKEN

JAMAICAN COCONUT

& VEGETABLE CURRY

RICE & PEAS

SPICY SLAW

BROCCOLI



#### TUESDAY

JERK CHICKEN

JAMAICAN COCONUT

& VEGETABLE CURRY

RICE & PEAS

SPICY SLAW

BROCCOLI



#### THURSDAY

KEFTA MKAOUARA MEATBALLS

VEGETABLE & PINEAPPLE KEBOB

HOT HOT POTATOES

FRIED PLANTAIN



#### FRIDAY

KEFTA MKAOUARA MEATBALLS

VEGETABLE & PINEAPPLE KEBOB

HOT HOT POTATOES

FRIED PLANTAIN





#### MONDAY

# BACON & MUSHROOM CARBONARA ARRABIATA SAUCE

SPAGHETT

GARLIC BREAD





#### TUESDAY

# BACON & MUSHROOM CARBONARA ARRABIATA SAUCE

SPAGHETT

GARLIC BREAD



#### THURSDAY

BEEF LASAGNE

MACARONI & CHEESE

GARLIC FOCACCIA



#### THURSDAY

BEEF LASAGNE

MACARONI & CHEESE

GARLIC FOCACCIA

