

Let's see what's for lunch...



Monday

Main Meals

Beef Bolognaise with Spaghetti
Spinach & Pesto Sauce with Spaghetti
Baked Jackets with Baked Beans

Sandwiches

Chicken Mayonnaise Baguette
Cheese Salad Wrap

Served with

Broccoli & Sweetcorn

Dessert

Chocolate
& Courgette Sponge

Tuesday

Main Meals

Chicken Tikka Curry with Steamed Rice
Vegetable Pasanda Curry with Steamed Rice
Pasta with Tomato & Basil Sauce

Sandwiches

Ham Sandwich
Cheese & Tomato Bloomer

Served with

Steamed Peas &
Cauliflower

Dessert

Vanilla Ice Cream

Wednesday

Main Meals

BBQ Style Hunters Roast Chicken
with Roast Potatoes & Gravy
Sweet Potato & Leek Frittata with Gravy
Baked Jackets with Baked Beans

Sandwiches

Tuna & Sweetcorn Baguette
Cheese Sandwich

Served with

Carrots &
Seasonal Greens

Dessert

Banana Flapjack

Thursday

Main Meals

Cottage Pie topped with Sweet Potato Mash
Vegan Cottage Pie
Pasta with Squash & Tomato Sauce

Sandwiches

Tuna Mayonnaise Sandwich
Cheese Salad Wrap

Served with

Roasted Carrots
& Sweetcorn

Dessert

Iced Lemon Cake
with Sprinkles

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Baked Crispy Vegetable Fingers & Garlic Mayo
Wrap with Chips
Baked Jackets with Baked Beans

Sandwiches

Ham Sandwich
Egg Mayo Baguette

Served with

Baked Beans & Peas

Dessert

Maryland Cookie

Freshly Baked Bread:

Tomato & Rosemary Bread or Wholemeal Bread

Week 1: 1st Sept, 22nd Sept, 13th Oct, 3rd Nov, 24th Nov, 15th Dec

Pabulum Salad Bar
Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt or Jelly



Monday

Main Meals

Grilled Cumberland Sausage
with Mashed Potatoes & Gravy
Vegan Sausage with Mashed Potatoes & Gravy
Pasta with Tomato & Basil Sauce

Sandwiches

Ham Salad Wrap
Cheese Sandwich

Served with

Steamed Peas
& Carrots

Dessert

Marble Sponge
with Custard

Tuesday

Main Meals

Homemade BBQ Chicken Pizza
with Spiced Baked Wedges
Margherita Pizza
with Spiced Baked Wedges
Baked Jackets with Baked Beans or Salmon Mayonnaise

Sandwiches

Tuna Mayonnaise Wrap
Egg Mayonnaise Sandwich

Served with

Spiced Cauliflower
& Broccoli

Dessert

Apple & Carrot Flapjack

Wednesday

Main Meals

Roast Leg of Pork with Gravy
Mac N' Cheese with Garlic Bread
Pasta with Tomato & Vegetable Sauce

Sandwiches

Ham Sandwich
Cheese & Tomato Bloomer

Served with

Roast Potatoes, Broccoli
& Carrots

Dessert

Fruit Jelly

Thursday

Main Meals

Traditional Beef Lasagne with Garlic Bread
Vegan Bean Bolognaise with Pasta
& Garlic Bread
Baked Jackets with Baked Beans

Sandwiches

Chicken Mayonnaise Baguette
Cheese Sandwich

Served with

Corn on the Cob
& Roasted Carrots

Dessert

Homemade Strawberry
Cheesecake

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Vegan Quorn Nuggets with Chips & Ketchup
Pasta with Squash & Tomato Sauce

Sandwiches

Ham Salad Baguette
Egg Mayonnaise Sandwich

Served with

Baked Beans & Peas

Dessert

Vanilla Ice Cream

Freshly Baked Bread: Beetroot & Herb or Wholemeal Bread

Week 2: 8th Sept, 29th Sept, 20th Oct, 10th Nov, 1st Dec, 22nd Dec



Made Fresh Every Day
All our food is freshly prepared using seasonal produce from local suppliers. We are proud to always cook from scratch.



Monday

Main Meals

Beef & Bean Chilli with Steamed Rice
Vegan Chilli with Steamed Rice
Pasta with Tomato & Vegetable Sauce

Sandwiches

Chicken Mayonnaise Baguette
Egg Mayonnaise Sandwich

Served with

Sweetcorn & Carrots

Dessert

Jam & Coconut Sponge

Tuesday

Main Meals

Chicken & Sweetcorn Meatballs in Tomato Sauce
with Pasta
Vegan Meatballs in a Roasted Tomato & Basil Sauce
with Pasta
Baked Jackets with Baked Beans

Sandwiches

Cheese Sandwich
Tuna & Sweetcorn Baguette

Served with

Sweetcorn & Coleslaw

Dessert

Carrot Cake

Wednesday

Main Meals

Herby Roast Chicken with Gravy
Roasted Vegetable & Lentil Loaf with Gravy
Wholemeal Pasta with Tomato & Basil Sauce

Sandwiches

Tuna Mayonnaise Sandwich
Cheese Salad Wrap

Served with

Roast Potatoes, Carrots
& Seasonal Greens

Dessert

Chocolate & Sweet Potato
Brownie

Thursday

Main Meals

BBQ Pulled Pork with Toasted Tortilla
Vegetarian Chilli Taco
with Cajun Sweet Potato Wedges
Baked Jackets with Baked Beans

Sandwiches

Ham Salad Wrap
Cheese & Tomato Bloomer

Served with

Steamed Peas & Carrots

Dessert

Oaty & Sultana Cookie

Friday

Main Meals

Fish Fingers, Chips & Ketchup
Vegetable Burger with Chips & Ketchup
Pasta with Squash & Tomato Sauce

Sandwiches

Ham Salad Baguette
Cheese Sandwich

Served with

Baked Beans & Peas

Dessert

Fruit Jelly

Freshly Baked Bread: Pesto & Garlic or Wholemeal Bread

Week 3: 15th Sept, 6th Oct, 27th Oct, 17th Nov, 8th Dec